

25/5/24



DOON UNIVERSITY, DEHRADUN
End-Semester Examination, 2024
Academic Year 2023-24 (Odd/Even Semester)
School of Social Sciences/ Department of Psychology
B. A. Sem-IIInd (PYG 152)
Foundation of Personality

Duration: 2 Hr
Date: 25/05/2024

Maximum Marks: 50

SECTION: A (Multiple Choice Questions)
(Answer all questions) [1x10=10]

- 1. Albert Bandura is best known for his work in which area of psychology?**
a. Psychoanalysis
b. Behaviourism
c. Social Learning Theory
d. Cognitive Development
- 2. Which of the following statements is TRUE according to Bandura's Theory?**
a) Learning only occurs through direct experience.
b) People can learn by observing the behaviours of others and the outcomes of those behaviours.
c) Reinforcement is not important in the learning process.
d) Personality is solely determined by genetic factors.
- 3. What term did Allport use to refer to the essential core of personality that integrates all aspects of the self?**
a. Persona b. Proprium c. Self-concept d. Archetype
- 4. Which of the following defense mechanisms involves unconsciously blocking out painful or traumatic memories from awareness?**
a. Denial b. Repression c. Projection d. Displacement
- 5. According to Hippocrates, which bodily fluid is associated with the sanguine temperament?**
a. Blood b. Black bile c. Yellow bile d. Phlegm
- 6. Which body type did Kretschmer associate with individuals who are thin, fragile, and tend to be more introverted?**
a. Pyknic b. Athletic c. Asthenic d. Endomorphic
- 7. Which of the following best describes the term "self-concept"?**
a. The inner sense of who we are

- b. The mental image or perception that one has of oneself
c. The self we aspire to be
d. The unconscious part of the mind
8. **Which term describes the evaluation of one's own worth?**
a. Self-Efficacy b. Self-Esteem c. Self-Concept d. Self-image
9. **Type A and Type B personality theory is primarily used to predict**
a. Creativity levels b. Leadership potential
c. Stress and health outcomes d. Social skills
10. **According to Bandura's social learning theory, which of the following is the first step in the learning process?**
a. Attention b. Retention c. Reproduction d. Motivation

SECTION: B (Short Answer Type Questions)

(Attempt any Four questions) [4x5=20]

1. Explain reciprocal determinism in Bandura's theory and provide an example to illustrate this concept. (5 marks)
2. Describe the real self and ideal self. How do they influence behaviour? (5 marks)
3. Define self-efficacy in the context of observational learning. How does self-efficacy influence behaviours? (5 marks)
4. Discuss the role of defense mechanisms in psychoanalytic theory. Provide examples of common defense mechanisms? (5 marks)
5. Describe Springer's theory of personality and the six fundamental attitudes or value-orientations that he identified. (5 marks)

SECTION: C (Long Answer Type Questions)

(Answer any two) [2X10=20]

1. Explain how observational learning, and reciprocal determinism are central to Bandura's theory? Discuss in detail. (10 marks)
2. Explain the role of the unconscious mind, the structure of personality (id, ego, and superego), and types of anxiety according to psychoanalysis. (10 marks)
3. Describe any two theories in detail from type approach of personality. (10 marks)